

Newsletter



01258 473397 www.sturminsterdentalcare.co.uk

Issue 21 Spring/Summer 2018

Welcome to the next edition of our practice newsletter. As well as keeping you informed of any changes happening at the practice, there is also some helpful information on some of the services we offer.

Congratulations!

The practice has always been extremely honoured to have such dedicated and loyal staff members – our long-standing team is one of the things which patients comment on most.

We know how important it is that patients are greeted with familiar faces each time they visit the dentist. It is a great comfort to patients, and also illustrates the underlying principles and ethos of the practice.

This year is an extremely special one, with three of our team members reaching some pretty amazing milestones!

Katrina and Tracey will each be celebrating 25 years of service at the practice this year, and Helen will be celebrating 20 years with the practice.



Tracey and Helen and Katrina who have between them clocked up an amazing 70 years' service!

There will be food, flowers and fizz to celebrate, and hopefully they'll all still be here for many more years to come!

Exam Success

Our congratulations also go to Lucy who has recently passed her Dental Nursing examinations and is now a fully qualified Dental Nurse. We are very proud of her achievement; she is a great asset to the practice.



Dental Nurse Lucy

Congratulations are also due to Sarah who has recently completed her post-graduate qualification in Dental Radiography.

Sarah is now able to take clinical x-rays within the practice, which is a great benefit to the clinical team.



Dental Radiographer Sarah



Sport Relief 2018

This year, Sport Relief set the nation a unique and epic challenge to beat one billion steps a day, every day from 17th until 23rd March 2018.

The team at Sturminster Dental Care jumped (or rather stepped) at the chance to get involved and to raise money for the wonderful work carried out by the Sport Relief charity, which supports over 2000 projects in the UK and around the world.

As well as fundraising, Sport Relief is an excellent opportunity to get active; something that the team at Sturminster Dental Care are passionate about, as there are strong scientific links between your general health and your oral health.



The team 'Stepping up' for Sport Relief

The team managed an amazing 28,946 steps over a two day period and raised over £257.00.

Congratulations to Paul for getting closest to guessing the number of steps we would achieve and winning our sweep-stake. We hope you enjoy your new Sonicare toothbrush!



Winner of our sweep-stake!

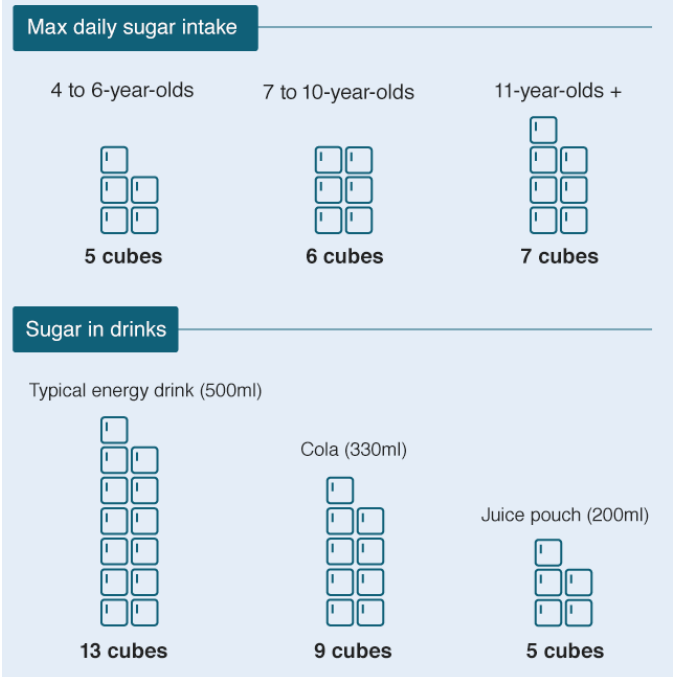
The New Soft Drink Sugar Tax

On 6th April 2018 we welcomed the new sugar levy on soft drinks in a bid to tackle obesity and tooth decay.

Drinks with more than 8g per 100ml will face a tax rate equivalent to 24p per litre. Those containing 5-8g of sugar per 100ml will face a slightly lower rate of tax, of 18p per litre.

To coincide with the levy, Public Health England also released figures showing a child in England has a tooth removed in hospital every 10 minutes due to preventable decay, in the hope that the levy will also improve the oral health of children.

How bad are sugary drinks?



Source: Public Health England

There have been mixed reactions as to whether the new 'sugar tax' will work, but with more initiatives in the pipeline the government are working towards reducing sugar consumption by 20% by 2020, which, if successful, in our eyes is great news!

Our Promise and Commitment

We are committed to providing you with a quality service, and are always seeking to improve the services that we offer.

If we please you – take one of our business cards from reception, and tell your family and friends about us. If we don't please you – please tell us!

